



# MANASA LIGHT AGE FOUNDATION

Taponagara, Chikkagubbi, Bangalore -560077.

Affix Photo

## MEDITATION CLASSES

### Application

Name and Address	
e-mail ID & Phone No.	
Date of Birth	
Education	
Any earlier practice of	Pranayama <input type="checkbox"/> Meditation <input type="checkbox"/> Asana <input type="checkbox"/>
Please give details	
Why are you taking up this Meditation?	

Date :

Signature

### FOR OFFICE USE

Receipt no \_\_\_\_\_

Date \_\_\_\_\_

Entered in the Registers of

NL Subscription       Birthday       Master Addresses       PC

Volunteer

Incharge